

# NORDIC SLEEP CONFERENCE 2017

May 24-26, 2017 / Tallinn, Estonia



## Dear Colleagues,

On behalf of the Nordic Sleep Society and the Local Organising Committee, it is our pleasure to invite you to the **17th Nordic Sleep Conference** jointly organised by the **Congress of the Estonian Sleep Medicine Association**, which will be held in Tallinn, Estonia, from **24-26 May 2017**.

The program will be assembled by Nordic experts and will contain news in basic sleep science, hot topics in clinical sleep medicine, as well as several courses to meet multiple educational needs in sleep (scientists, physicians, psychologists, nurses/technicians, dentists). This congress will give you a great opportunity to keep in touch with your Nordic colleagues and develop your clinical and scientific network at a short distance from your daily practice.

Tallinn has the crisp and noble atmosphere and is known for its superbly preserved medieval city centre, listed as a UNESCO World Heritage Site. The city has a rich cultural scene, beautiful surroundings and plenty of galleries, cafes and restaurants of many kinds to welcome the visitors.

An active social programme will feature the Opening Ceremony and a grand Gala Dinner in the Seaplane Harbour of the Maritime Museum.

We are proud to host the congress in Estonia, where sleep medicine and sleep research is developing at a fast pace. We are particularly happy that the representatives of Nordic sleep societies have accepted us. May is usually an attractive month to explore and enjoy the beauty and hospitality of Tallinn and our small country.

We are looking forward to warmly welcome you to Estonia.



**Erve Sõoru**  
President  
Estonian Sleep Medicine Association  
Chairman of the Organising Committee



## Important deadlines

**Registration and abstract submission will be open on 2 January, 2017**

Abstract submission deadline 3 March 2017

Early registration deadline 26 March 2017

## Congress fees

### Early registration from 2 January until 26 March, 2017

Regular fee	350 EUR
<i>doctors, dentists, psychologists, researchers etc</i>	
Nurses fee	270 EUR
<i>nurses, BMA, dental assistants etc</i>	
Students fee	250 EUR
<i>medical students, PhD students, residents</i>	

### Late registration from 27 March until 27 April, 2017

Regular fee	420 EUR
<i>doctors, dentists, psychologists, researchers etc</i>	
Nurses fee	350 EUR
<i>nurses, BMA, dental assistants etc</i>	
Students fee	310 EUR
<i>medical students, PhD students, residents</i>	

### From 28 April, 2017 on-site fees apply

Regular fee	450 EUR
<i>doctors, dentists, psychologists, researchers etc</i>	
Nurses fee	380 EUR
<i>nurses, BMA, dental assistants etc</i>	
Students fee	330 EUR
<i>medical students, PhD students, residents</i>	

# Scientific Committee of the Nordic Sleep Conference 2017

Erna Sif Arnardottir (IS)  
Erla Björnsdottir (IS)  
Morten Engström (NO)  
Ludger Grote (SE)  
Tuuliki Hion (EE)  
Poul Jörgen Jennum (DK)  
Göran Kecklund (SE)  
Karoline Lode (NO)  
Markku Partinen (FI)  
Tarja Saaresranta (FI)  
Katrinn Sonn (EE)  
Marielle Zoetmulder (DK)

# Local Organizing Committee of the Nordic Sleep Conference 2017

Erve Sõõru, *Chair*  
Tuuliki Hion  
Rain Jõgi  
Eve-Mai Kuulpak  
Marlit Veldi  
Kene Vernik

# Congress secretariat

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## Congress venue

Nordic Sleep Congress 2017 will be held in Original Sokos Hotel Viru, in the very heart of Tallinn city.

Original Sokos Hotel Viru is a legendary landmark that includes conference and banquet centre, which boasts 11 brightly-lit halls, over 500m<sup>2</sup> of exhibition and entertainment space and fine-dining restaurant for Congress delegates. In-house entertainment options include the KGB Museum Tour, 'show & dinner' nights, a wine-tasting school and more.

Under the same roof the unique, new, story-themed Solo Sokos Hotel Estoria will offer excellent additional accommodation.



Gala dinner of the Congress will be held in the Estonian Maritime Museum located in the old Seaplane Harbour.

## Accommodation

Congress secretariat has agreed special prices for Nordic Sleep Congress 2017 delegates in different hotels to meet both quality and price expectations of delegates. Accommodation options with pre-booking possibilities will be available on the Congress homepage from 10 October, 2016.

# Destination

## A blend of Old and New, Medieval and Modern Estonia is a Fresh Destination

Estonia is a fast-growing destination where the number of international conferences held each year has risen sharply. Estonian capital Tallinn is the best preserved medieval city in Northern Europe. The wealth of architecture in Tallinn means that there are many legends and stories to explore. We promise to include both medieval and modern to the short excursions of the Congress to give you a glimpse of what Tallinn is today.

## Lonely Planet's best value destination

Estonia is Lonely Planet's best value destination in the world in 2016. Travelers around the globe find that Estonia is up and coming foodie destination, offers many great possibilities to reconnect with nature and should be in your destination list whatever your theme is – nature, historical, modern 'n' hip. We promise to prepare an exciting excursion program for the delegates to see some amazing destinations and experience life outside the capital.



**Estonia**  
Positively surprising  
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